

## ~Angalo's Accomplishments~

### « « « « 2017 » » » »

- ◀ Distributed relief support to flood victims of Rautahat District, in coordination and collaboration with Kumudini, Asha Nepal and Health Foundation Nepal.

### « « « « 2018 » » » »

- ◀ Conducted research on the status of Senior Citizens living in 5 private and government run homes in Bagmati Province; Kathmandu, Lalitpur, Bhaktapur, Makwanpur and Chitwan Districts.

### « « « « 2019 » » » »

- ◀ Supported the victims of a tornado, in Bara and Parsa District in coordination with *Women for Human Rights and Sankalpa*. This was a first ever tornado in recorded history in Nepal.

### « « « « 2020 » » » »

- ◀ During the COVID-19 pandemic, in coordination with local support groups and stakeholders, Angalo provided ration, food and sanitation material to Senior Citizens and Frontline Workers.

### « « « « 2021 » » » »

- ◀ Completed Phase I of Angalo's Strategic Plan
- ◀ Provided mutual support to members during the pandemic by conducting online meetings

### « « « « 2022 » » » »

- ◀ Appointed Election Observers at the 'Local Level Elections 2079' in the 3 Districts of Kathmandu Valley - Kathmandu, Lalitpur and Bhaktapur.

- ◀ Observed the 'Federal and Provincial Elections 2079' in 9 Districts - Kathmandu, Lalitpur, Bhaktapur, Banke, Dhangadi, Kaski, Morang, Siraha and Surkhet,

- ◀ Conducted a Meet and Greet Programme. Angalo's Patron Mrs. Sabitri Thapa was honoured at the Event.

### « « « « 2023 » » » »

- ◀ Completed Phase II of Angalo's Strategic Plan
- ◀ Published policy driven articles on Senior Citizens in leading national newspapers fully utilising Angalo's own researches.
- ◀ Organised interactions with Senior Citizens in coordination and collaboration with their respective Ward Offices:  
Naxal, Ward #1 – Kathmandu Metropolitan  
Hadigaun, Ward # 5 – Kathmandu Metropolitan  
Gyaneshwore, Ward # 30 – Kathmandu Metropolitan  
Gokarneshwore, Ward # 9 – Gokarneshwore Municipality  
Dhapakhel, Ward # 23 – Lalitpur Metropolitan

## Vision~Mission~Goal

**Vision:** Angalo's pursuit of equality, equity and human rights is underpinned by our vision of a Nepal that has re-imagined ageing; where Seniors and Citizens of all ages are partners. We will be active in promoting quality ageing, life-long learning, health, happiness and the well-being of Senior Citizens. Spearheading an environment where they are motivated to push new boundaries and live productively.

**Mission:** Angalo's mission is to innovate, advocate and support the improvement of rights, benefits and services that meet the changing needs of Senior Citizens, their care partners and the community. This includes a concerted effort to influence multi-sector level policy perspectives to ageing. These would also include, better implementation and ease of access which would help transform the culture of care within families and care homes in an accountable and transparent manner.

**Goal:** In the next 5 years, Angalo aims to consolidate a strong, evidence based and effective national organisation for Senior Citizens' which will facilitate the development of a powerful, sustained and coordinated voice for elderly people's issues.



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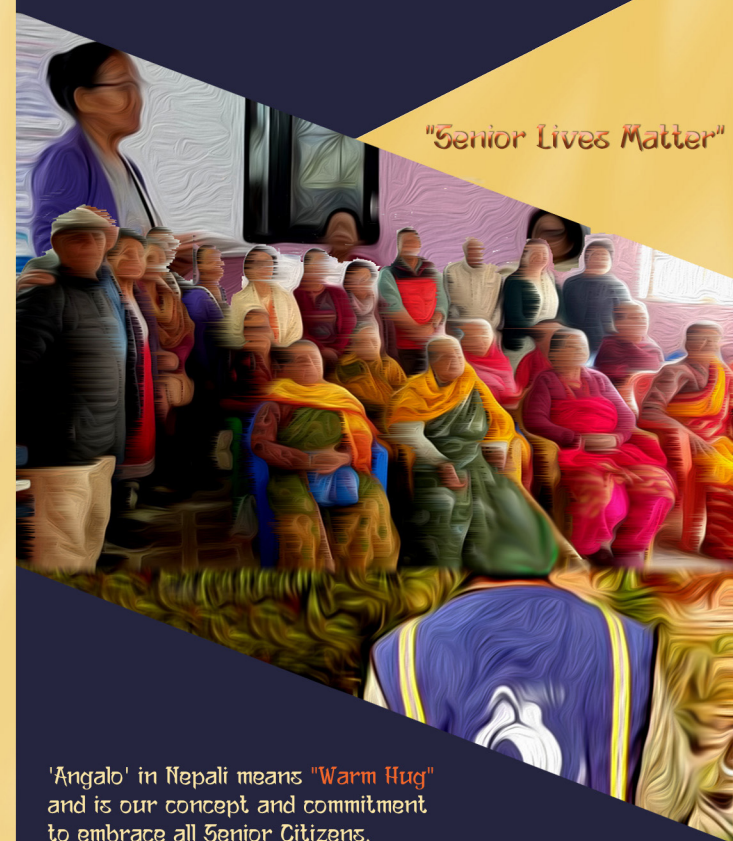
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Angalo Jestha Jeevan Bahumulya Pratisthan  
is a registered Not-for-Profit Company  
under the Company Act 2063.

"Senior Lives Matter"



'Angalo' in Nepali means "Warm Hug"  
and is our concept and commitment  
to embrace all Senior Citizens.





## An Introduction

Angalo Jestha Jeevan Bahumulya Pratisthan (JJBP) is an apolitical and non-religious organisation which was established in May, 2017 (BS 2074 Jyestha ) with a mission to support, network and connect with Senior Citizens to live a meaningful and joyous life.

Angalo is registered as a Not-for-Profit Company under the Company Act 2063. Angalo carries the legacy of 'Service Fund for Elderly Citizens', the fund raising activity of Shanti Ashram and advocates for the rights and care of Senior Citizens.

Angalo in Nepali means "Warm Hug" and is our concept and commitment to embrace all Senior Citizens, to ensure their meaningful existence, by sharing their knowledge and life experiences in this changing society.

Angalo is an evidence based public policy advocacy services group involved in the research, training and knowledge sharing that works in a sustainable way with Senior Citizens. Angalo aims to advocate and lobby to reform, amend and implement policies and laws related to the rights of Senior Citizens as "Senior Lives Matter".

## Core Values

The passion for Angalo's work is driven by a cohesive and dedicated organisation that lives out its core values of:

**RESPECT:** Recognising that "Senior Lives Matter" to our Nepali culture and tradition, more so to Senior Citizens themselves, their community and to Nepali society at large.

**DIGNITY:** Truly believing that seniors are worthy of our love and embrace and that they are supported, in remaining thinkers and doers, who are economically independent too.



**COMPASSION:** Demonstrating that the more we give, the more we receive. Being empathetic and committed to the cause of all seniors in their quest for quality assurance of a dignified life.

**INCLUSION:** Embracing diversity with who we work and always using the lens of equality and equity in who we serve.

**INNOVATION:** Using imagination and creativity to help design and support the delivery of available, accessible and affordable services.

**STEWARDSHIP:** Maximising efficient and ethical use of funds and within the time entrusted to us.

**VOLUNTEERISM:** Engaging volunteers in a vital and meaningful way. A system that provides a natural sense of accomplishments, and creates a sense of pride and identity.



## Objectives

- ▶ Value Senior Citizens' wealth of life experience and expertise
- ▶ Connect seniors within communities to avoid isolation
- ▶ Provide relevant information to improve their overall quality of life
- ▶ Advocate for quality community services and care standards.
- ▶ Promote and lobby for laws and policies of the rights of Senior Citizens.
- ▶ Mobilise and disburse funds for Senior Citizen related activities.

